

INTESTINAL TRANSPLANT FOR KIDS

**An Activity
Book**



Transplant
UNWRAPPED

My Very Own Intestinal Transplant Activity Book

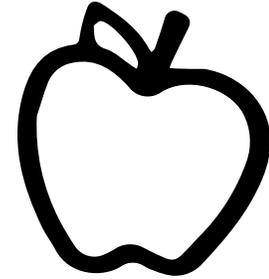
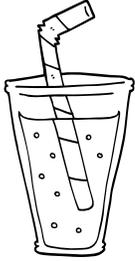
My name is _____.

I am _____ years old.

My doctor is going to replace my
**old parts with healthy new parts. This is called
an organ transplant.**

Circle and Color the new parts you are going to
get or have gotten replaced.

Your small intestine helps to break down the food you eat so your body can absorb it and use it for fuel.



Draw your favorite **food**.

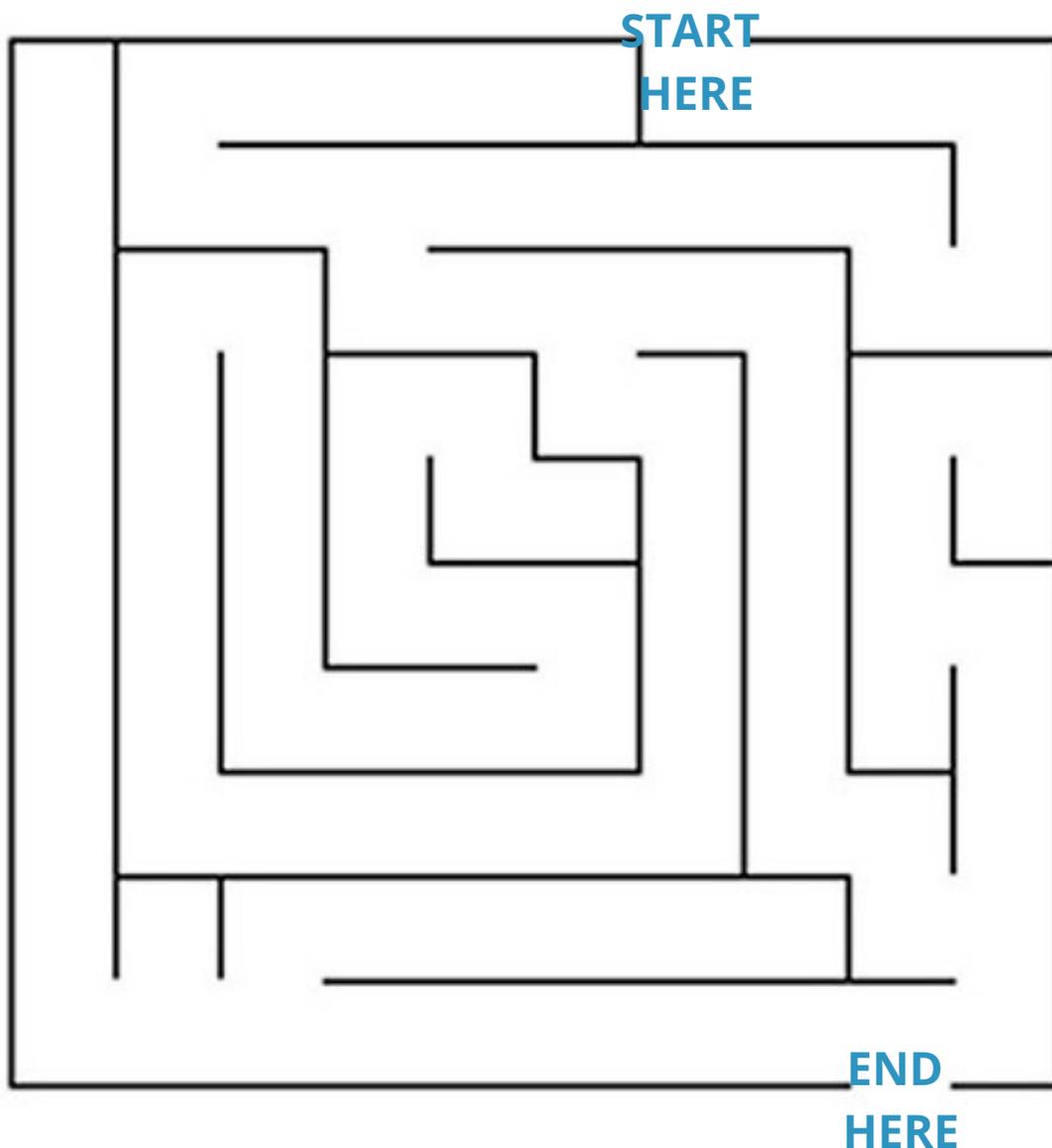
Draw your favorite **drink**.

Usually the small intestine is long and windy, like the maze on the next page, but...

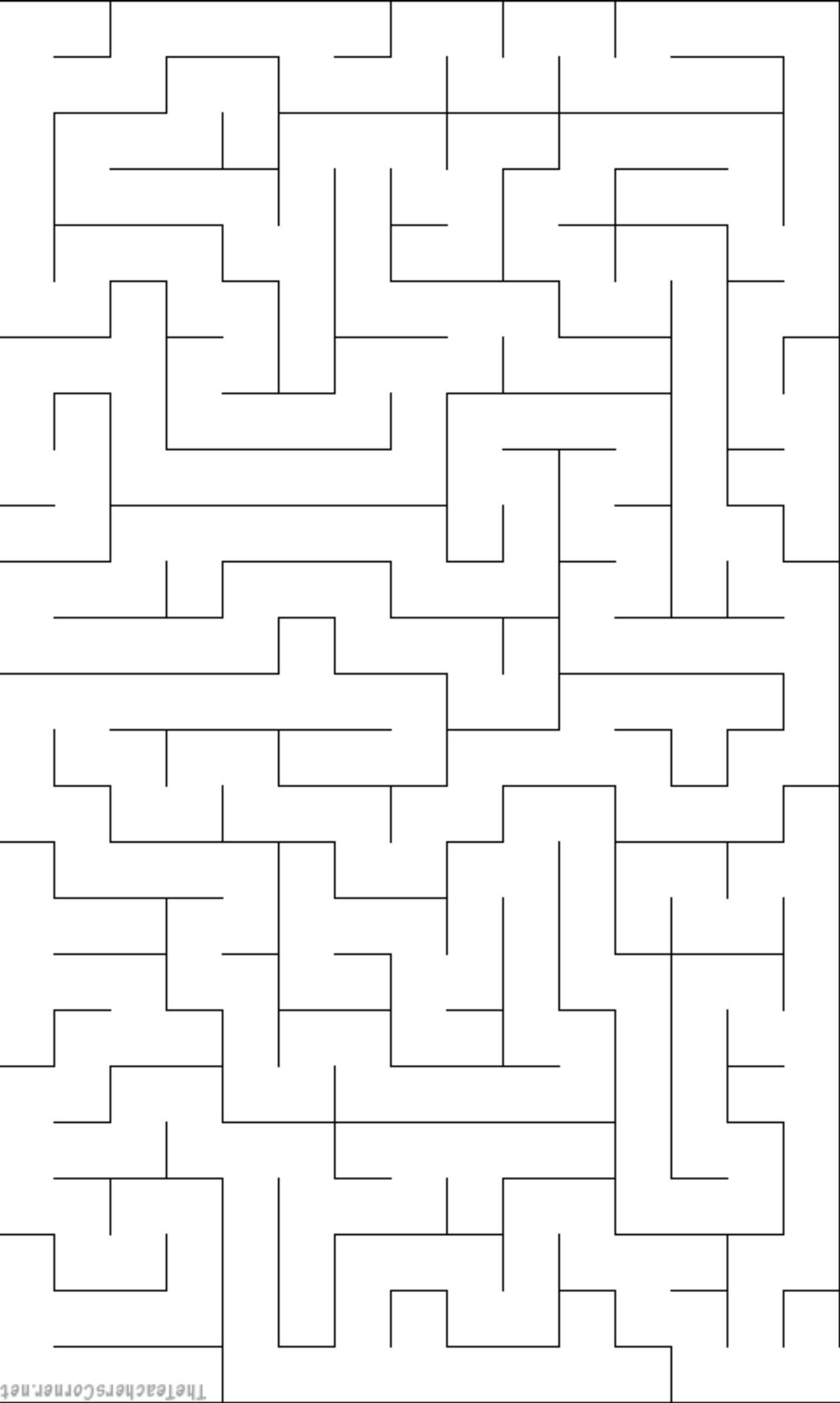
When you were born, your doctor told your parents that your intestine, the part inside your belly that helps to absorb the food and drink you eat, was too short, like the short maze below.

This is known as **short bowel syndrome (SBS)**.

This means you cannot eat enough by mouth to be able to grow big and strong.



**START
HERE**



Think
of
this
maze
like
your
long
windy
small
bowel

The
small
bowel
grows
to be
23
feet
long.
That
is a
lot of
gut!



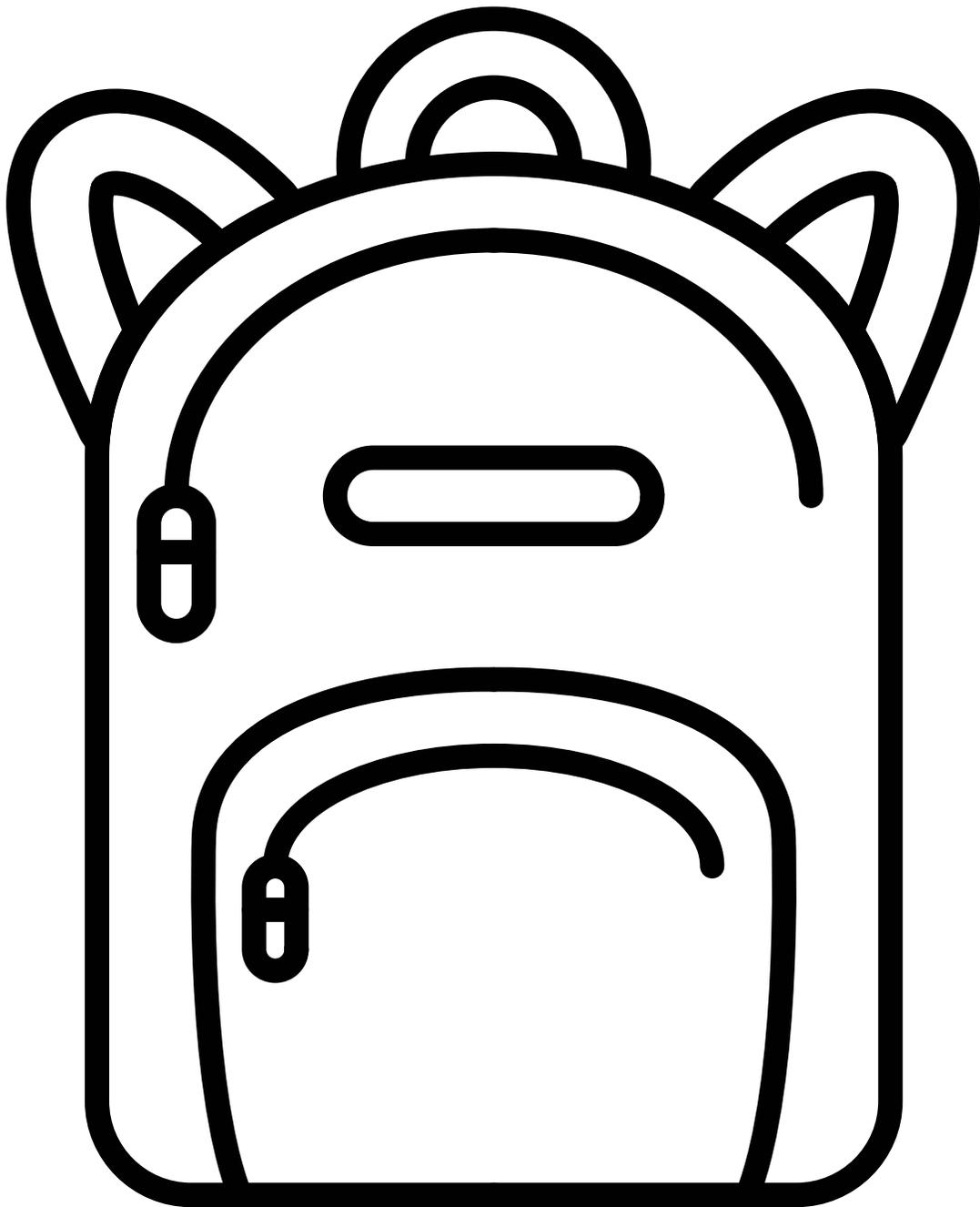
**END
HERE**

If you cannot eat enough by mouth, you need to get nutrients through your veins.

This is called **total parenteral nutrition** or TPN.

Most kids put their TPN in a backpack. If your TPN backpack could look as cool as you wanted, what would the design be?

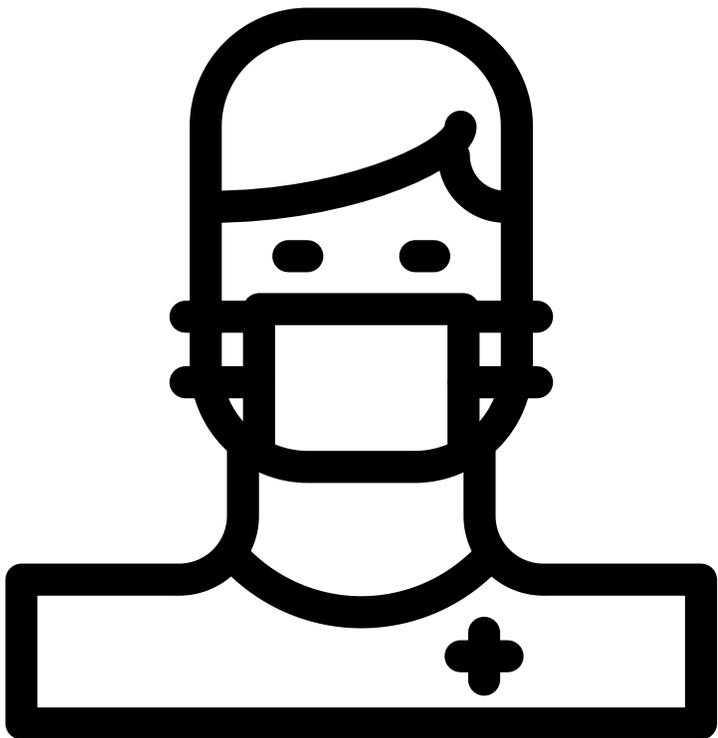
Show the design below!



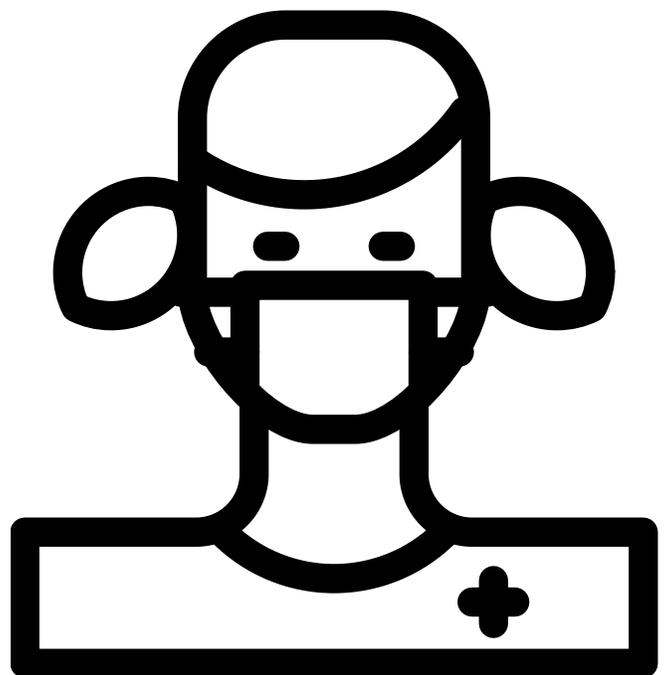
If TPN starts to cause you problems and the doctor decides they have tried to help you in all other ways, they may evaluate you for an intestinal transplant.

An intestinal transplant is when doctors replace an unhealthy old intestine with a healthy new intestine.

For the evaluation, you will see lots of doctors and have many tests. And learn new words, like in the crossword below.



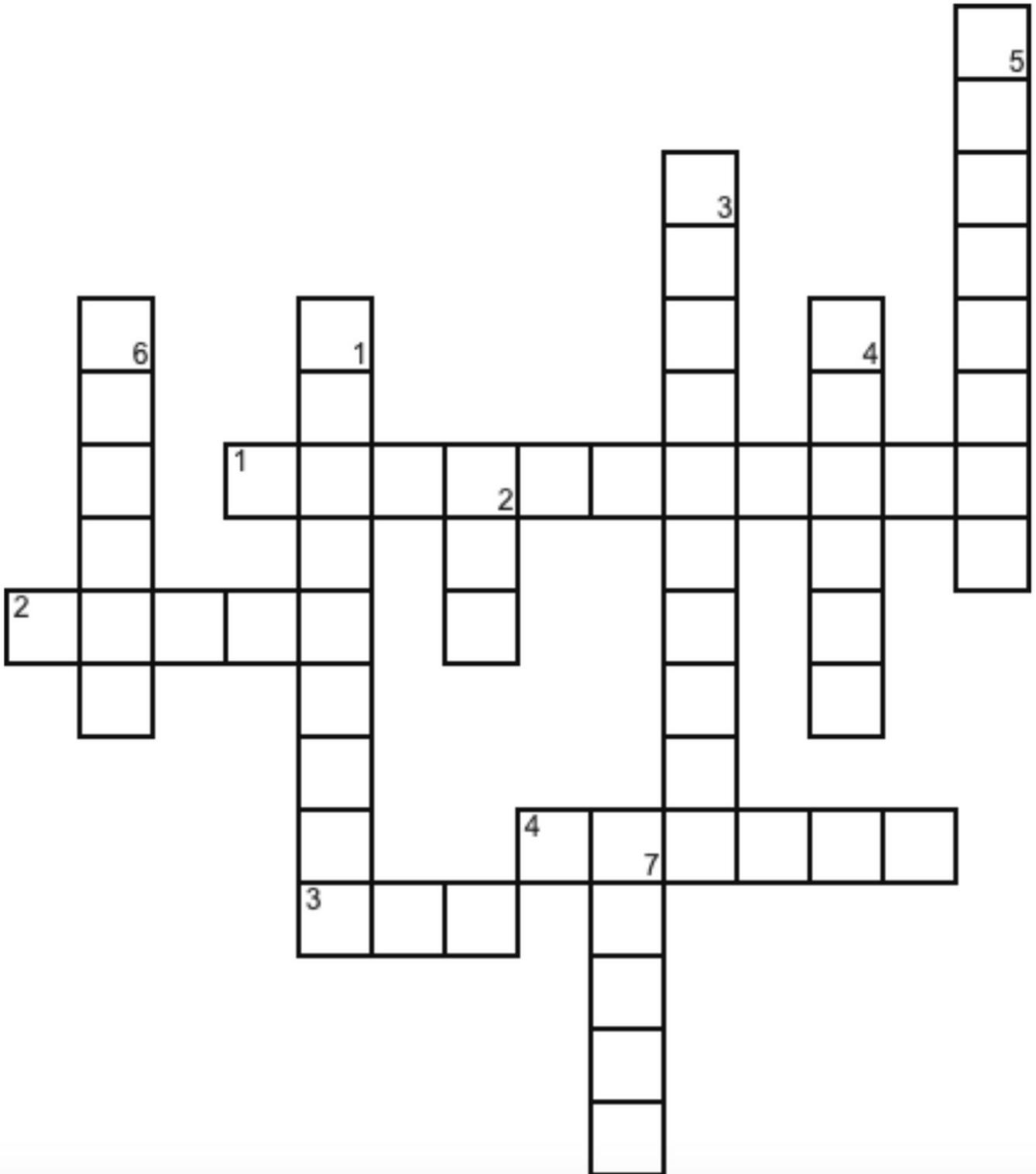
My Transplant Surgeon:



My Nurse Coordinator:

Intestinal Transplant Crossword for Kids

Directions: Answer clues to fill in the answers. Clues on next page and answers follow.



Across

1. This is an instrument a doctor uses to listen to your heart or lungs.
2. A group of tiny invaders, or organisms (living things) that can make our bodies sick. We must wash our hands many times to keep them away.
3. A test where a nurse or other tech helper places stickers on your chest, arms, and legs to tell you how well your heart is beating.
4. An opening in your tummy that the end of your intestine is connected to and lets poop come out of your body. You will have a bag connected to it.

Down

1. The organ in your body that is a long tube that breaks down the food you eat and turns it into energy for your body.
2. The type of nutrition your doctor gives you through your veins to help make you strong and grow when you cannot eat food by mouth.
3. This is what happens when a sick organ in a person's body is replaced by a healthy organ from another person.
4. This is when the doctor takes a small piece of your new intestine so they can learn more about it and check to see if it is healthy.
5. When your poop is really soft or watery.
6. A part in your body that is shaped like a bean that helps clean your blood by removing waste and making pee.
7. This is a small flexible camera that is used to look inside the body to look at your new intestine and make sure it is still healthy.

Kids Crossword Answers

Across

1. Stethoscope
2. Germs
3. EKG
4. Ostomy

Down

1. Intestine
2. TPN
3. Transplant
4. Biopsy
5. Diarrhea
6. Kidney
7. Scope



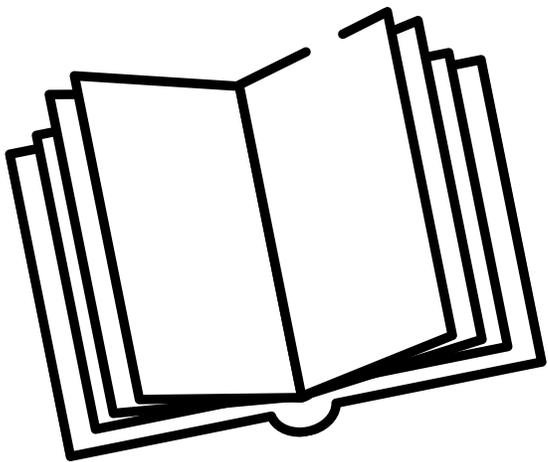
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If the selection committee decides you need a transplant, you will be placed on the national wait list with the United Network for Organ Sharing (UNOS).

No one knows how long you will wait for your organs, so you should always be prepared.

Draw and color the items you will bring with you to the hospital for your stay. Ex:
Book, toy, blanket, iPad



Intestinal Transplant Word Search for Kids

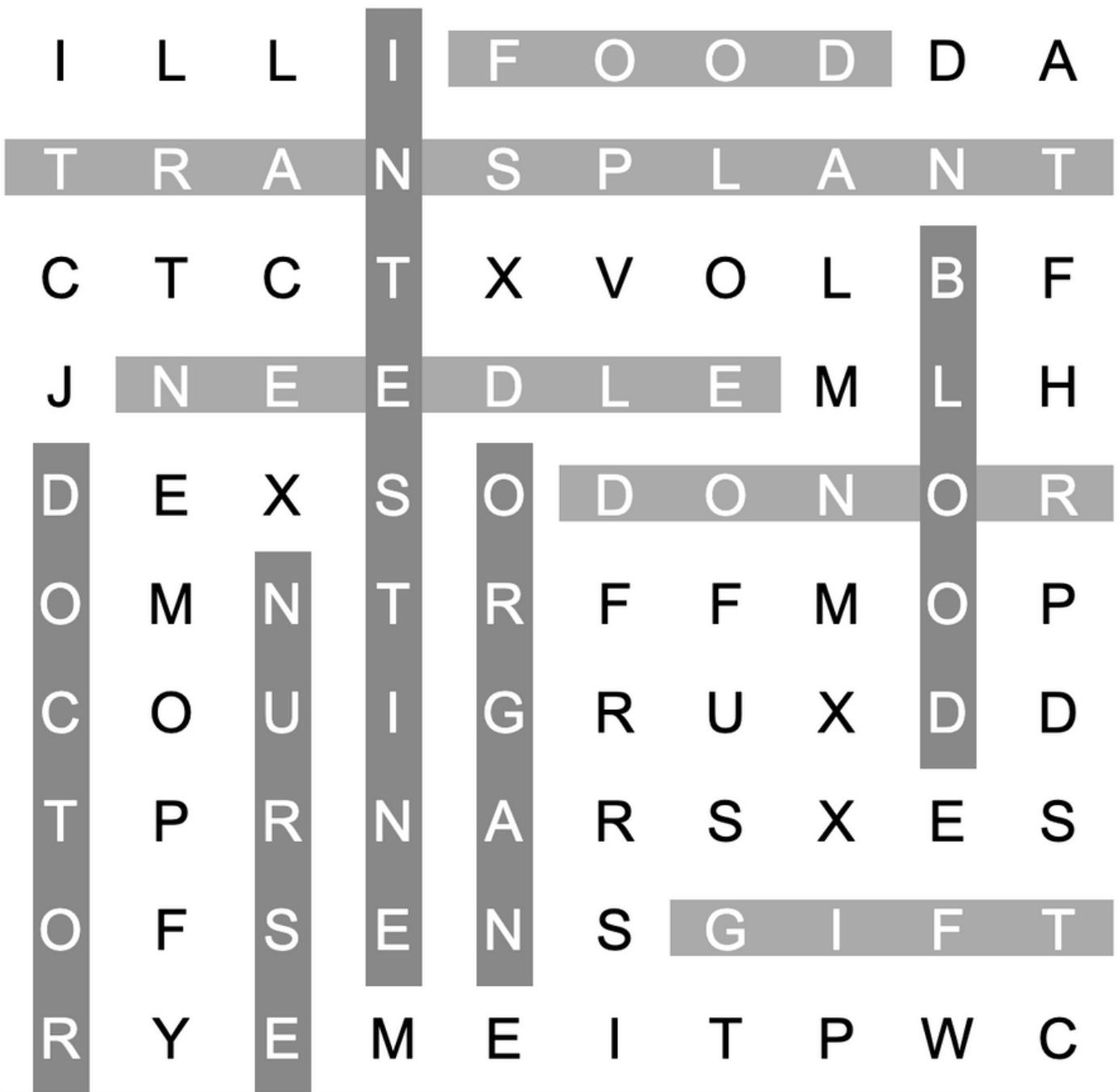
I L L I F O O D D A
T R A N S P L A N T
C T C T X V O L B F
J N E E D L E M L H
D E X S O D O N O R
O M N T R F F M O P
C O U I G R U X D D
T P R N A R S X E S
O F S E N S G I F T
R Y E M E I T P W C

BLOOD
INTESTINE
ORGAN
FOOD

DONOR
DOCTOR
TRANSPLANT

GIFT
NURSE
NEEDLE

Word Search Answers



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When you do get the call for transplant, you will need to get to the hospital right away.

At the hospital the doctors and nurses will get you ready for surgery. You may feel scared, but everyone is there to help you.

Right before you go into surgery you will get to say "See you soon!" to your parents.

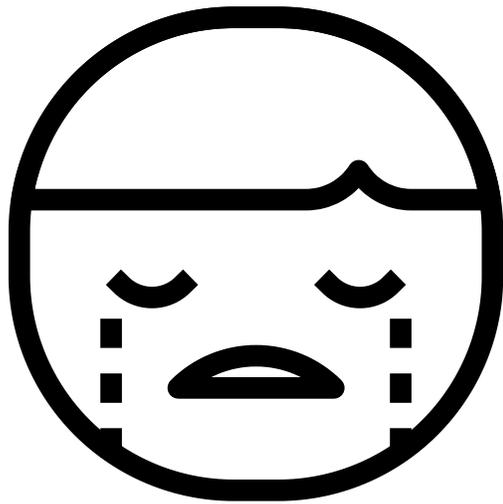
Draw a picture of you and your parents.



When you wake up from surgery you may have many tubes and lines.

You may also have some pain. If you do, tell the nurse and they can give you some medicine to make you feel better.

Color these faces. After surgery, you can point to the face to tell the nurse how you are feeling.



Intestinal Transplant Word Unscramble for Kids

Directions: Unscramble the letters to discover the hidden word.

BOLOD	
VOIMT	
SLIME	
POPO	
TMMUY	
DTOCOR	
NRSUE	
HPAPY	
GREM	
SCIK	
OGARN	
RAINOBW	
SROE	
DOONR	
TSNALARPNT	
DHARERIA	

Answer Key

BOLOD	Blood
VOIMT	Vomit
SLIME	Smile
POPO	Poop
TMMUY	Tummy
DTOCOR	Doctor
NRSUE	Nurse
HPAPY	Happy
GREM	Germ
SCIK	Sick
OGARN	Organ
RAINOBW	Rainbow
SROE	Sore
DOONR	Donor
TSNALARPNT	Transplant
DHARERIA	Diarrhea

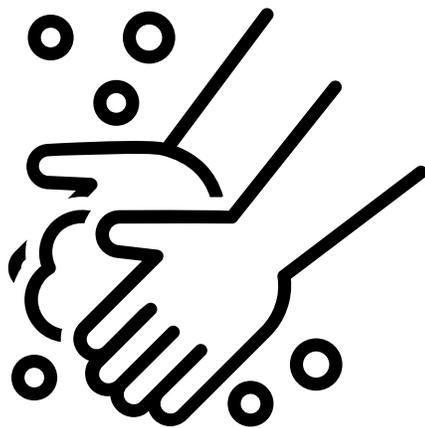
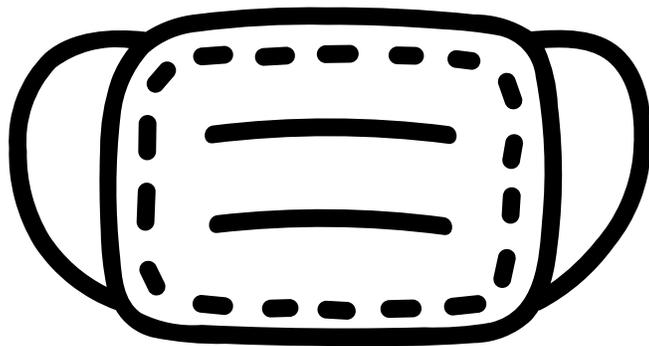
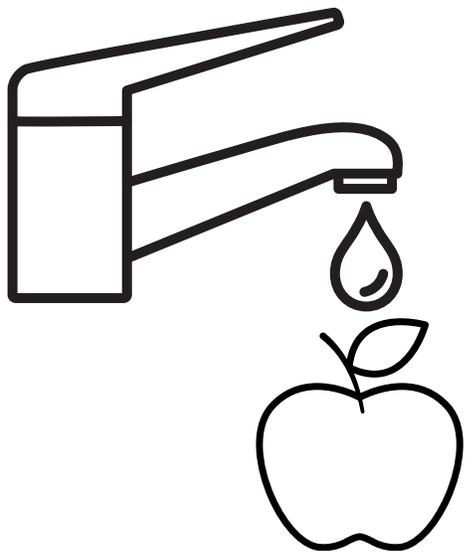


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After some time in the hospital, you will be ready to go home. When you go home it will be important to take all of your new medicines and follow the directions your doctor gave you.

Some new medicines you are on are called anti-rejection medicines. These help your new intestine stay healthy, but they also make it so you can become sick more easily.

Color the following pictures to remind yourself of ways you can help keep yourself healthy and infection free!



Once you are feeling better you will be able to start playing with your friends again and becoming more active.

Hooray! You have made it through the hardest part of the journey.

Draw your favorite activities with friends.



More Info? Contact or Visit us.



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www.transplantunwrapped.org



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