## A Kid's Hospital Packing List

SLEEPWEAR

SOCKS & UNDERWEAR

TOILETRIES

JACKET OR SWEATSHIRT

SHOES

FAVORITE TOY OR STUFFED ANIMAL

BOOKS

COMFORT BLANKET OR PILLOW

COLORING BOOKS AND CRAYONS

PICTURE OF FAMILY

GADGETS (EAR BUDS, VIDEOS?)

FAVORITE SNACK- FOR WHEN YOUR CHILD CAN EAT AGAIN.



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## A Caregiver's Hospital Packing List

COMFORTABLE CLOTHES & SLEEPWEAR

SOCKS & UNDERWEAR

JACKET OR SWEATSHIRT

SHOES

TOILETRIES, TOWELS, TISSUE

BLANKET & PILLOW

INSULATED CUP WITH

FOOD AND SNACKS

BOOKS, MAGAZINES

GADGETS (EAR BUDS, IPAD, COMPUTER) CHARGERS

YOUR RX MEDICATION, VITAMINS, OVER-THE-COUNTER MEDICATIONS



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## **A Few Notes: Packing**

Hospitals vary on which facilities they provide for parents and children. You should check with your care team to see what you will need to bring and what is allowed. Listed below are some items for you and your child to pack and take into the hospital to help make the stay more comfortable.

If your child is waiting for an intestinal or multivisceral transplant, have a bag packed for you and your child that can be taken when your child gets the call for organs. It is also a good idea to make a list of additional things you may want to 'grab' as you are walking out the door (such as a cellphone, cell phone charger, headphones, food, and snacks, etc.); items you cannot pack in the bag ahead of time.



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